



swədaʔʒali

Place of Mountain Huckleberries

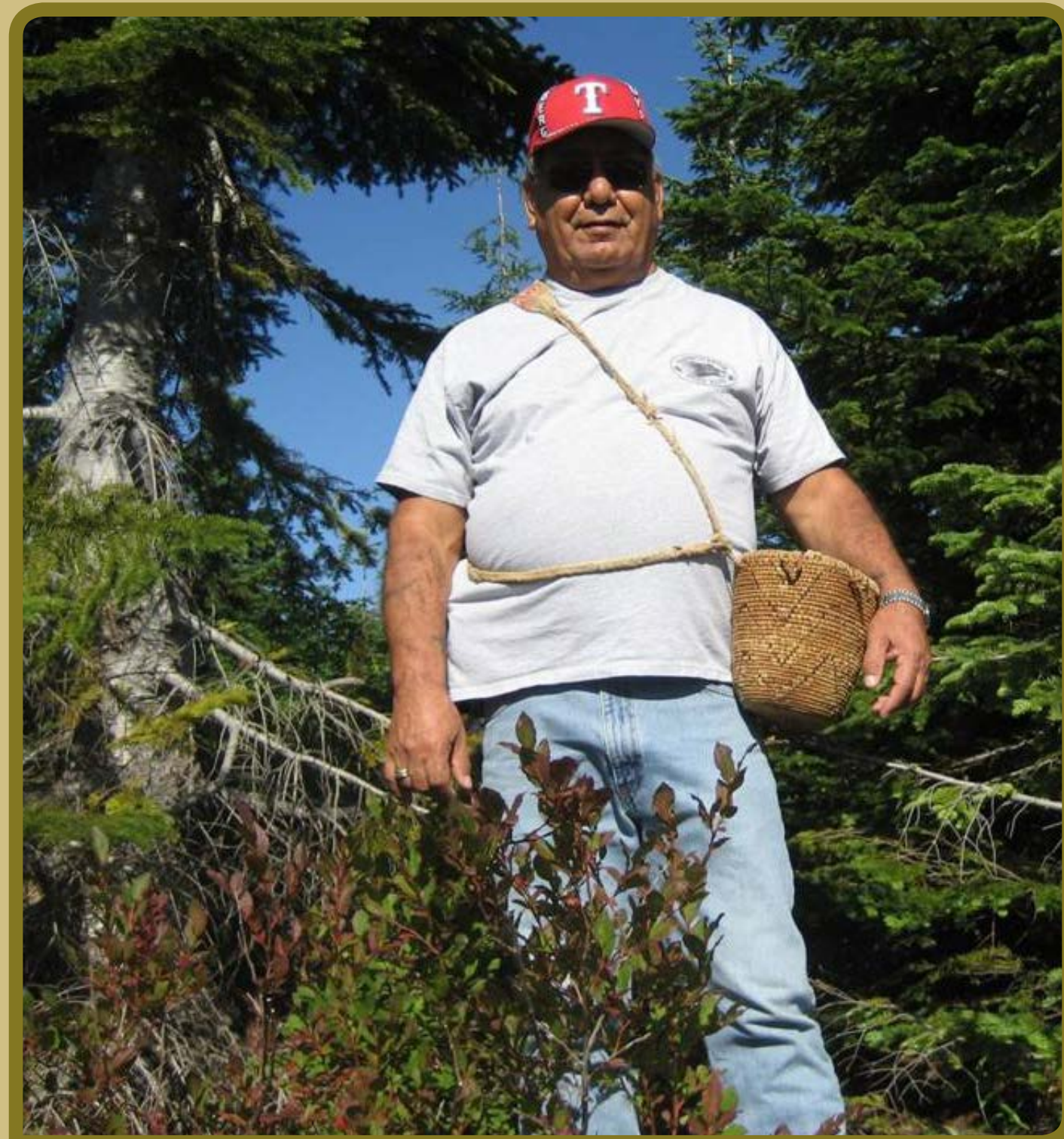


A U.S. Forest Service and Tulalip Tribes Co-Stewardship Area

ʔəʔaʔxʷaʔšəd “Step Lightly”

Our ancestors taught us that by learning and following our traditional teachings, nature will regenerate her gifts for our people. Our elders are hoping that our people will honor this special place, swədaʔʒali, by conducting themselves in the way of our ancestors:

- Give thanks to the mountain before you gather its resources.
- When picking huckleberries, treat them with respect; our elders always told us that if we don't respect them, they “will go to sleep” and not be there for us in the future.
- Don't pick all the berries off of one bush; leave some and move on.
- As you move through the brush, step lightly — don't break the branches or wear in noticeable trails.
- Bring your own food and water, and pack all your trash out with you. Please do not leave anything behind.
- Keep the area free of contamination; use the portable toilets provided.



- If you have to smoke, please do so responsibly — pick up your cigarette butts and take them home with you!
- Teach your children how to behave and be respectful in these sacred areas.
- Gather berries for your family to use over the winter; share them with elders who can't pick berries anymore.



ONE ELDER REMINDS US:

“

Don't be a bear in the huckleberry bushes! After you leave, no one should even know that you have been there.

”